

Women's Sexual Assault Centre Wish List

If you would like to donate an item on this list or have questions about what is needed, please contact Tracy Lubick at (250)383-5545 or tracyl@vwsac.com.

- ❖ Gift certificates for grocery store enabling us to provide healthy group snacks (cheese, fruit, crackers, etc.)
- ❖ Self-care items for clients: bath products, anti-stress aromatherapy, lotions, etc.
- ❖ Beeswax candles
- ❖ Kleenex
- ❖ Massage and reflexology services for clients and volunteers
- ❖ DVD video (creating/burning/editing) media software
- ❖ Educational materials/books for youth and staff (list of recommendations can be provided)
- ❖ Journals for clients (often used in group counselling)
- ❖ DreamWeaver software for managing the Project Respect website (current content management system is outdated)
- ❖ Gift certificates for grocery stores, pizza, art supplies for Project Respect youth program
- ❖ A coffee card to buy coffee for clients during breaks at court or after Crown interviews
- ❖ Hand held stress balls for clients to use in court
- ❖ Taxi service for the Sexual Assault Response Team
- ❖ Therapeutic CD's and books- for both clients and counsellors (list of recommendations can be provided)
- ❖ Art supplies (pastels, felt pens, scissors, glitter, sequins, glue stix, bits of cloth and ribbon in small quantities, any misc items that could be used as part of a collage project (no magazines please))
- ❖ Lap trays for doing art work in group
- ❖ Gift certificates for a fabric store or craft store (ie: Michael's) for crafts supplies and tablecloths, curtains, etc.
- ❖ Gift certificates for women in dire need of basic necessities (ie: London Drugs, Zellers, Wal-Mart)
- ❖ Gift certificates for grocery store (for providing nutritious snacks during counselling groups)

Unfortunately, storage space is limited and we are unable to accept donations of clothing or used furniture. Please contact Women in Need at 480-4005 or visit our "Community Resources" page for links to other organizations that may be able to use these items.

As of November 2008